



We build cultures of health.

Program	Provant's Engagement	Industry-Reported Data
<p>Biometric Screening Participation</p>	<ul style="list-style-type: none"> • 30%-40% without incentives • 40%-65% with participation-based incentives • 65%-95% with benefits-linked incentives 	<ul style="list-style-type: none"> • 29% participation without incentives • 49% participation with incentives <p>(Source: 2011 PricewaterhouseCoopers Health and Well-Being Touchstone Survey, May 2011)</p>
<p>Health Assessment Completion</p>	<ul style="list-style-type: none"> • 35% without no incentives • 90% with participation-based incentives 	<ul style="list-style-type: none"> • 28% participation without incentives • 48% participation with incentives <p>(Source: 2011 PricewaterhouseCoopers Health and Well-Being Touchstone Survey, May 2011)</p>
<p>Health Coaching Participation</p>	<ul style="list-style-type: none"> • 83% participation 	<ul style="list-style-type: none"> • 10% or less participation rate: 77% of employees participating in coaching • 11% - 20% participation rate: 14% of employees participating in coaching • 21% -50% participation rate: 5% of employees participating in coaching • More than 50% participation rate: 4% of employees participating <p>(Source: The Great Employee/Employer Health Care Divide, Why Don't Employees Do What Employers Want Them to Do?, Towers Watson, April 13, 2011, Health Care Solutions Dialogue)</p>